



**BUILDING
FOR ALL**

OUR COMMITMENT

Over 78 years ago, the Wallingford Family YMCA opened its doors to welcome our community in its collective pursuit of a healthy lifestyle. Day after day, year after year, we have remained steadfast in our commitment to delivering lasting personal and social change to every individual, regardless of ability. Pursuits develop and needs evolve, yet our responsibility to bring together and strengthen our community has endured with clarity and purpose.

Our Y has been a cornerstone of the community since 1944. We have woven the story of how individuals and families learned to swim, prepared for school through early childcare programs, were safe and nurtured through before & after school programs, adopted healthy habits and rehabilitated from the discomfort of chronic disease. With two locations in Wallingford, it is a hub of wellness where 7,900 members come together to collectively strengthen mind, body and spirit. Each year, over 10,000 people come through the doors to connect with their "Y Family" in pursuit of a healthy lifestyle. Today, our community seeks solutions to complex challenges as individuals pursue the same goals of healthy mind, body and spirit. The Y will respond with the same unwavering commitment to community wellness that inspired the establishment of our organization.

OUR PLAN

Our goal is to create modern, vibrant, locker rooms that provide members & program participants barrier free accessibility, improved privacy, better access to the pool, and a safer environment for all.

PHASE 1

STRUCTURAL REPAIRS

COMPLETE

In Phase 1, we completed repairs beneath the Men's Locker Room by removing & replacing all deteriorated structural steel and affected ceiling tiles & lighting fixtures in Boys & Girls Locker Rooms. In addition, we made the following enhancements to the Men's Locker Room:

- Removed Steam room and installed Sauna
- Installed new ceramic wall tile & epoxy floor
- Installed new shower fixtures & partitions

PHASE 2

UNIVERSAL LOCKER ROOM

JANUARY-JUNE 2024

In Phase 2, our current Boys, Girls & Family Locker Rooms will be combined to form a new Universal Locker Room, where members seeking convenience and privacy can feel safe, comfortable and welcome. Gender-designated locker rooms lack privacy and accessibility for many users, including those who have personal health requirements or mobility challenges, those who are transgender or transitioning, and those who may require assistance from someone of a different gender—including children and the elderly. The Universal/Family Locker Room, with its completely private changing rooms, showers, and toilets, can be used by all members.

The locker room, the first of its kind in the Greater Wallingford Community, has many unique features including:

- 76 lockers
- 10 individual changing rooms, including 4 handicap accessible
- 5 private toilets, including 4 accessible
- 7 private showers, including 4 accessible
- 2 showers available for quick rinse to/from the pool
- Four shared sinks with motion-activated faucets
- Ceramic tile flooring
- Energy-efficient LED lighting

PHASE 3

MEN'S LOCKER ROOM

LATE 2024

In Phase 3, we will completely renovate the Men's Locker Room, removing all flooring, lockers, sinks & cabinets and replacing them with upgraded lockers, epoxy floor, new vanity & sinks, changing stalls and grooming area.

PHASE 4

WOMEN'S LOCKER ROOM

EARLY 2025

In Phase 4, the Women's Locker Room will get the same upgrades as the Men's Locker Room. These renovations will also create a new queuing area for our Aerobics Studio with new furniture, lockers and stretching area.

Here at the Wallingford Family YMCA, we firmly believe in fostering inclusivity & diversity in all aspects of our organization.

One fundamental aspect of this commitment is the creation of a Universal Locker Room that welcomes and embraces the diverse & unique populations we serve — from families & cancer survivors, to veterans & individuals with disabilities.

This space is essential in ensuring that everyone feels comfortable and respected here at the Y.



Help us
BUILD FOR ALL
and bring state of the art,
accessible, inclusive
locker rooms to the
East Side Branch.

Contact Sean Doherty at
203-269-4497 x129
for more details.



WALLINGFORD FAMILY YMCA

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